



SATURDAY 3RD / SUNDAY 4TH NOVEMBER, KILLARNEY BEACH 2018

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#ThisGirlCanVIC

SATURDAY NOVEMBER 3RD

WOMEN'S 'COME N TRI' (Non-Competitive) 1:00pm

Enter as an **individual**, or bring your friends and enter a **team**.

This one is all about just having a go—and you can bring your floaties!

Distance: 250m swim/wade, 8km cycle, 2.2 walk/jog.

Your entry is sponsored by Leadership Great South Coast, so you can enter on a gold coin! See www.warrnambooltriclub.com to register

SPLASH 'N' DASH-OR-DAWDLE (Non Competitive) 3:00pm

Splashing, cycling and walk/jogging. This course is perfect for beginners, young children and families, and it's all about just having fun!

Distance: 50m Wade, 500m Ride, 200m Run/walk. Enter on the day.

Entry free of charge.

KID'S TRIATHLON EVENTS from 3.30pm (approx.) Enter on the day. \$10 entry.

SUNDAY NOVEMBER 4TH— Open Tri from 10am. 500m/16km/4.4km



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